

Brunch

Add a mug of soup or chips for £2
Served from 10am till 5pm

Full Scottish Breakfast - £9.25

Crombie's of Edinburgh Farmer Pork Sausage, Grilled Flat Mushroom, Ramsay of Carluke Ayrshire Bacon, Slow Roast Tomato, Home Baked Beans, Gluten free Toast, Free Range Egg (the way you like)

The Vegan Breakfast - £9.25

Scrambled Tofu, Home Baked Beans, Wilted Spinach, Smashed Avocado Grilled Flat Mushroom, Slow Roast Tomato, Gluten free Toast

Eggs Benedict

Poached Free Range Eggs, Toasted Gluten Free Bun & Hollandaise

Baked Ham - £7.50, Smoked Salmon - £7.75, Spinach - £7, Avocado - £7.50

Gluten Free roll (two items) - £3.95

Extra's - Eggs (the way you like), Ramsay of Carluke Ayrshire Bacon, Crombie's of Edinburgh Farm Pork Sausage, Homemade Baked Beans,
- All £1.50 each

On Toast

Speciality Gluten free Bread Toasted with your Favourite Topping

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Smashed Avocado & Poached Eggs £6.50

Hummus, Roasted Red Peppers, Tzatziki, Halloumi £7

Home Baked Beans, Poached Eggs £5.75

Smoked Salmon, Scrambled Eggs w/ Cream Cheese & Dill £6.50

#beinyouelement

Nae Gluten

Every care is taken to avoid any cross contamination when processing a specific allergen free order. We do however work in a kitchen that processes allergenic ingredients & does not have a specific allergen free zone.

Lunch

Add a mug of soup or chips for £2
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Soup of the Day- £4.50

Served with Gluten Free bread (V)

Shetland Mussels-£7.25

Curried Shetland Mussels, Gluten Free bread

Element Ploughman's - £8.50

Ham Hock & Caramelized Apple Terrine, Gluten Free Bread, Brie, Homemade Piccalilli & Cornichons

Grilled Goats Cheese - £8.50

Buckwheat, Golden Beets, Pickled Vinaigrette & Walnuts

Pulled Beef Sandwich - £8

Ayrshire Beef w/ Horseradish Mayo & Pickled Cucumber

Flat Iron Steak- £15

8oz Flat Iron Steak (served pink) Chimichurri Marinade, Mixed Salad, hand-cut chips

Element Burger - £10.50

Perthshire Beef Burger, toasted Gluten Free bun, hand-cut chips, tomato relish

Add cheddar, blue cheese, bacon (£1 each)

Our Hand Cut Chips are Gluten free but they are cooked in a fryer that does cook items that do contain Gluten

Sides Dishes

Radicchio, Rocket, & Baby Spinach Salad, Cucumber Vinaigrette - £3.50

Creamy Herb Mash Potato - £3.50

Hand Cut Chips - £3

Garlic Butter Mushrooms - £3

Gluten Free Bread & oil served with hummus & marinated olives - £4

Desserts

A Trio of Home Made Ice Cream - £4.75

Paired with Bodegas Rey Ferrnando de Castilla, Pedro Ximenez 50ml £4.50

Peanut Butter Parfait - £5.75

Raspberry Coulis, Chocolate Mousse

Coconut Cheesecake - £5.75

Molasses Roasted Pineapple

Paired with Ron Zacapa 23yr Solera Gran Reserva Rum 25ml £5.15

A Selection of Cheeses - £7.50

Gluten free oatcakes, quince jelly, grapes
Paired with Niepoort Tawny Dee, Portugal (75ml) £4.95/22 btl

Bubbly & Brunch Cocktails

Raspberry Rickey £7.95

Edinburgh Raspberry Gin, Lime, Raspberry Syrup, Bitters & Prosecco

Espresso Martini £7.50

Absolut Vanilla, Kahlua Coffee Liqueur, Double Espresso & Gomme

Bloody Mary £7.95

Absolut Pepper, Tomato Juice, Homemade Spice Mix, (as hot as you like)

Mimosa £7.95

Solerno Blood Orange Liqueur, Fresh Orange Juice & Prosecco

Sunday Roast Club

Classic brunch dishes served from 10am

Traditional Sunday Roasts served 12-5pm.

Sunday papers & chilled Sunday tunes.

Hair of the dog also available with one of our

Brunch cocktails

Book a table to avoid disappointment

If you suffer from a food allergy or intolerance, please let us know. Every care is taken to avoid any cross contamination when processing a specific allergen free order. We do however work in a kitchen that processes allergenic ingredients & does not have a specific allergen free zone.